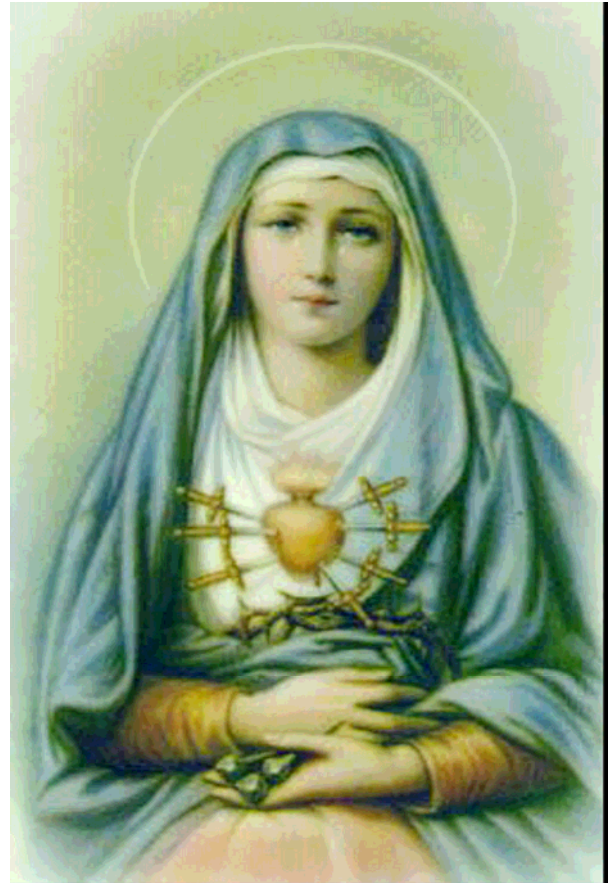
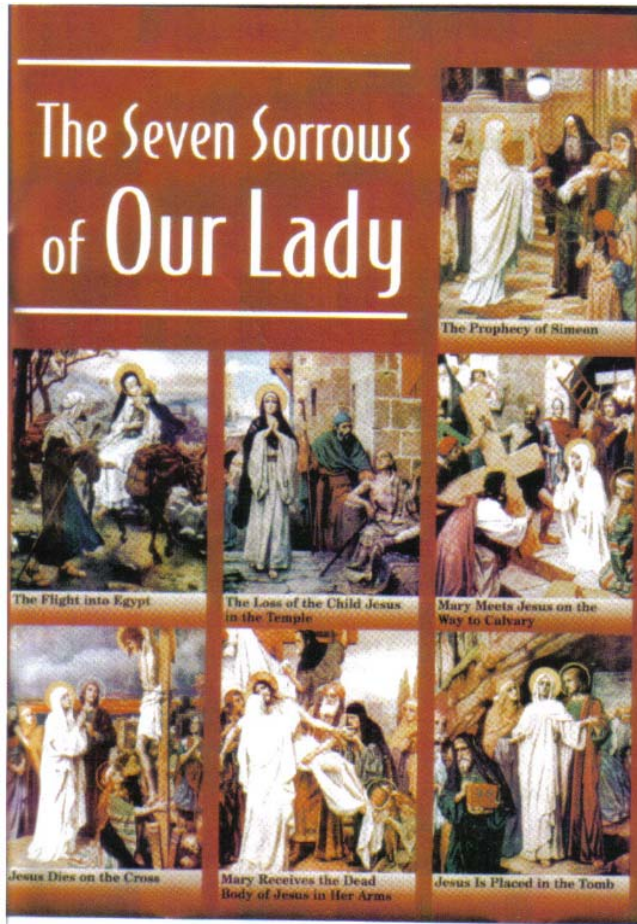


Immaculate Merciful Mother of Jesus
How To Pray
The Rosary Of The Seven Sorrows
Booklet



THE SEVEN SORROWS OF OUR LADY

This booklet is distributed **FREE** of Charge
Web Site: www.freeourladyofsorrows.com

THE ROSARY OF THE SEVEN SORROWS OF THE VIRGIN MARY

This rosary recalls the seven major sorrows that the Virgin Mary suffered through—albeit with love and compassion—during the life, trials and agonizing death of her son, Jesus Christ. It is very special to the Immaculate Heart of the Blessed Mother, and she wants all of us to say it as often as possible.

The Rosary of the Seven Sorrows dates back to the Middle Ages, but it gained new popularity following the Marian apparitions in Kibeho, which have been approved by the Catholic Church. During Mary's apparitions to Marie-Claire Mukangango, she assigned the young visionary a mission to reintroduce this special rosary to the world.

Before her untimely death, Marie-Claire did just that, travelling widely to teach it to thousands of people, who then taught it to thousands of others.

During her visitations to Kibeho, the Holy Virgin revealed that this rosary possesses immense spiritual power for those who say it sincerely. **She promised that when prayed with an open and repentant heart, the rosary would win us the Lord's forgiveness for our sins and free our souls from guilt and remorse. She also promised that over time, the rosary would develop within us a deep understanding of why we sin, and that the knowledge would give us the wisdom and strength to change or remove any internal flaws, weaknesses of character, or personality faults causing unhappiness and keeping us from enjoying the joyous life God intended to us to live.**

Make the sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Apostles' Creed

I believe in God the Father Almighty, Creator of Heaven and Earth. I believe in Jesus Christ, His only Son, Our Lord. He was conceived by the Power of the Holy Spirit and was born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day He rose again. He ascended into Heaven, and is seated at the right Hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

Introductory Prayer

Jesus, My God, I offer You this rosary for Your glory, so that I may honour Your Holy Mother, the Blessed Virgin Mary so I can share and meditate upon her suffering. I humbly beg You to give me true repentance for all my sins. Give me wisdom and humility so that I may receive all the graces contained in this prayer and most especially in the next.

Act of Contrition-

O my God, I am heartily sorry for having offended You and I detest all my sins because I dread the loss of Heaven and the pains of hell; but most of all because they offend You, my God, who are all good and deserving of all my love. **I firmly resolve, with the help of Your grace, to confess all my sins, to do penance, and to amend my life.** Amen.

The Rosary of the Seven Sorrows contains all the power you need to change your life for the better, obtain peace and happiness, realise your true potential, fulfil all your dreams, and *grow closer* to God's light. During one of her many visions to Marie-Claire, the Holy Virgin suggested that it be **prayed** as often as possible, but **especially** on **Tuesdays** and **Fridays**: Tuesday being the day Mary first appeared to Marie-Claire, and Friday being the day Christ was crucified. The Blessed Mother also stressed that The Rosary of the Seven Sorrows is intended to complement—and **in no way replace**—the traditional rosary. **Pray both rosaries regularly** and you will be doubly blessed!

The following is a description of this amazing rosary as the Virgin Mother herself taught it to Marie-Claire in Kibeho. It may be prayed aloud or contemplated silently, alone or with others; the key is for the prayers, reflections, and meditations to always come from the depths of your heart. I speak from experience when I promise that you will never regret learning this wonderful rosary and that you will soon lose track of the countless blessings that praying it will bring into your life. It is my hope that more people than ever before will learn just how amazing this rosary is. Please note that you do not necessarily need any special beads to say these prayers; (It is, however, important that when you reach each sorrowful Dolour, you take a moment to meditate on the magnitude of Mary's suffering..... and the strength of her love)

In honour of Mary's Immaculate Conception
Say 3 Hail Mary's & 3 Glory Be to the Father

Most Merciful Mother, remind us always about the sorrows of your Son, Jesus.

The 1st First Sorrowful Dolour

The Prophecy of Simeon (Luke 2:22-35)

The Blessed Virgin Mary took Jesus to the temple, as tradition demanded that all newborns be blessed in the temple before God. There, the old Simeon held the Baby Jesus in his arms, and the Holy Spirit filled his heart. Simeon recognised Jesus as the promised Saviour and lifted the Child high towards Heaven, thanking God for granting his wish that he would live long enough to behold the Messiah.

"Now your servant may depart this life in peace, my Lord" he said. Then he looked upon Mary and proclaimed, "And you, woman, a sword of sorrow will pierce your heart because of the suffering that shall befall your Child".

The Blessed Virgin Mary knew that she had given birth to the Saviour of humankind, so she immediately understood and accepted Simeon's prophecy. Although her heart was deeply touched by this favour of bearing the Child Jesus, her heart remained heavy and troubled, for she knew what had been written about the ordeals and subsequent death of the Saviour. Whenever she saw her Son, she was constantly reminded of the suffering he would be subjected to, and his suffering became her own.

**Say 1 Our Father (The Lord's Prayer)
& 7 Hail Mary's & Glory be to the Father**

Let us Pray

Beloved Mother Mary, whose heart suffered beyond bearing because of us, teach us to suffer with you and with love, and to accept all the suffering God deems it necessary to send our way. Let us suffer, and may **our suffering be known to God alone, like yours and that of Jesus**. Do not let us show our suffering to the world, so it will matter more and be used to atone for the sins of the world.

You, Mother, who suffered with the Saviour of the world, we offer you our suffering, and the suffering of the world, because we are your children. Join those sorrows to your own and to those of the Lord Jesus, then offer them to God the Father.

You are a Mother greater than all.

Let us Pray

Beloved Mother Mary, who has suffered so much, give us your courageous heart. Give us strength so that we can be brave like you and accept with love the suffering God sends our way. Help us to also accept all the suffering we inflict upon ourselves and the suffering inflicted upon us by others. Heavenly Mother, you purify our suffering so that we may give glory to God and He will save our souls.

Most Merciful Mother, remind us always about the sorrows of your Son, Jesus.

The 2nd Second Sorrowful Dolour The Flight into Egypt (Matthew 2:13-15)

Mary's heart broke and her mind was greatly troubled when Joseph revealed to her the words of the angel. They were to wake up quickly and flee to Egypt because Herod wanted to kill Jesus. The Blessed Virgin Mary hardly had time to decide what to take or leave behind; she took her Child and left everything else, rushing outside before Joseph so that they could hurry as God wished. Then she said, *"Even though God has power over everything, He wants us to flee with Jesus, His Son. God will show us the way, and we shall arrive without being caught by the enemy"*.

Because the Blessed Virgin Mary was the mother of Jesus, she loved Him more than anyone else. Her heart was deeply troubled at the sight of her Infant Son's discomfort, and she suffered greatly because He was cold and shivering.

While she and her husband were tired, sleepy and hungry during this long travel, Mary's only thought was about the safety and comfort of her Child. She feared coming face-to-face with the soldiers who had been ordered to kill Jesus because she was aware that the enemy was still in Bethlehem. Her heart remained constantly anguished during this flight. She also knew that where they were going, there would be no friendly faces to greet them.

Say 1 Our Father (The Lord's Prayer)
& 7 Hail Mary's & Glory be to the Father

Most Merciful Mother, remind us always about the sorrows of your Son, Jesus.

The 3rd Third Sorrowful Dolour The Loss of the child Jesus (Luke 2:41-52)

Jesus is the only begotten Son of God, but He was also Mary's Child. The Blessed Virgin Mary loved Jesus more than herself because He was her God. Compared to other children, He was most unique because He was already living as God. When Mary lost Jesus on their way back from Jerusalem, the world became so big and lonely that she believed she could not go on living without Him, so great was her sorrow.

(She felt the same pain her Son felt when He was later abandoned by His apostles during the Passion).

As the Holy Mother looked anxiously for her beloved Son, deep pain welled in her heart. She blamed herself, asking why she did not take greater care of Him. But it was not her fault; Jesus no longer needed her protection as before. What really hurt Mary was that her Son had decided to stay behind without her consent. Jesus had pleased her in everything so far; he never disobeyed her in any way, nor would he ever displease his parents. She knew that He always did what was necessary, so she never suspected him of being disobedient.

Say 1 Our Father (The Lord's Prayer)
& 7 Hail Mary's & Glory be to the Father

Let us Pray

Beloved Mother Mary, teach us to accept all our sufferings because of our sins and to atone for the sins of the whole world.

Most Merciful Mother, remind us always about the sorrows of your Son, Jesus.

The 4th Fourth Sorrowful Dolour

Mary meets Jesus on the Way to Calvary (Luke 23:27-31)

Mary witnessed Jesus carrying the heavy cross alone – the cross on which He was to be crucified. This did not surprise the Blessed Virgin Mary because she already knew about the approaching death of Our Lord. Noting how her Son was already weakened by the numerous hard blows given by the soldiers' whips with multiple tails and with claws at the end, she was filled with anguish at His pain.

The soldiers kept hurrying and pushing Him, though He had no strength left. He fell, exhausted, unable to raise Himself. At that moment, Mary's eyes, so full of tender love and compassion, met her Son's eyes, which were pained and covered with blood. Their hearts seemed to be sharing the load: every pain He felt, she felt as well. They knew that nothing could be done except to believe and

trust in God and dedicate their suffering to Him. All they could do was put everything in God's hands.

**Say 1 Our Father (The Lord's Prayer)
& 7 Hail Mary's & Glory be to the Father**

Most Merciful Mother, remind us always about the sorrows of your Son, Jesus.

The 5th Fifth Sorrowful Dolour

**Mary stands at the Foot of the Cross
(John 19:25-27)**

The Blessed Virgin Mary continued to climb the mount of Calvary, following behind Jesus painfully and sorrowfully, yet suffering silently. She could see Him staggering and falling with the cross some more, and she witnessed her Son being beaten by the soldiers who pulled His hair to force Him to stand up.

Despite his innocence, when Jesus reached the top of Calvary, He was ordered to confess in front of the crowd so they could laugh at Him. Mary deeply felt her Son's pain and humiliation, particularly when His tormentors forced Him to strip off what was left of His clothing. The Blessed Virgin Mary felt sick at heart seeing these tyrants crucifying her Son naked, shaming Him terribly, merely to amuse the jeering crowd. (Jesus and Mary felt more disgrace than normal people did when undressed because They were holy and without sin).

The Blessed Virgin Mary felt pain beyond bearing when Jesus was stretched out on the cross. His murderers sang merrily as they approached Him with hammers and nails. They sat on Him heavily so that He could not move when they spiked Him to the wood. As they hammered the nails through His hands and feet, Mary felt the blows in her heart; the nails pierced her flesh as they tore into her Son's body. She felt her life fading away. **CONT.>**

Let us Pray

Beloved Mother Mary, so stricken with grief, help us to bear our own suffering with courage and love so that we may relieve your sorrowful heart and that of Jesus. In doing so, may we give glory to God who gave you and Jesus to humanity. As you suffered, teach us to suffer silently and patiently. Grant us the grace of loving God in everything.
O Mother of Sorrows, most afflicted of all mothers,
Ask Jesus to have mercy on all the sinners of the whole world
for we do not know what we do.

As the soldiers lifted the cross to drop it into the hole they had dug, they deliberately jerked it, causing the force of Jesus' bodyweight to tear through the flesh on His hands and expose His bone. The pain shot through His body like liquid fire. He endured three excruciating hours nailed on the cross, yet the physical pain was nothing compared to the agonizing heartache He was forced to bear seeing His mother suffering below Him. Mercifully, He finally died.

Say 1 Our Father (The Lord's Prayer)
& 7 Hail Mary's & Glory be to the Father

Let us Pray

Beloved Mother Mary, Queen of Martyrs, give us the courage you had in all your sufferings, so that we may unite our sufferings with yours and give glory to God. Help us follow all His commandments and those of the Church, so that Our Lord's sacrifice will not be in vain, and all sinners in the world will be saved

As the Holy Mother cleaned her Son's damaged body, she envisioned Him during each stage of His short life, remembering her first look at His beautiful newborn face as the Infant Jesus lay in the manger, and every day in between, until this heartrending moment as she gently bathed His lifeless body. Her anguish was relentless as she prepared her Son and Lord for burial, but she remained brave and strong, becoming the true Queen of Martyrs. As she washed her Son, she prayed that everyone would know the riches of paradise and enter the gates of Heaven. She prayed for every soul in the world to embrace God's love, so her Son's torturous death would benefit all humanity and would not have been in vain. Mary prayed for the world, She prayed for all of us.

Say 1 Our Father (The Lord's Prayer)
& 7 Hail Mary's & Glory be to the Father

Let us Pray

We thank you, Beloved Mother Mary, for your courage as you stood beneath your dying Son to comfort Him on the cross. Before our Saviour drew His last breath, He gave you to us and you became our wonderful mother to all; you became the Blessed Mother of the world. We know that you love us more than our own earthly parents. We implore you to be our Advocate before the Throne of Mercy and Grace, so that we can truly become your children. We thank you for Jesus, our Saviour and Redeemer, and we thank Jesus for giving you to us. Please Mother pray for us and the world.

Most Merciful Mother, remind us always about the sorrows of your Son, Jesus.

The 6th Sixth Sorrowful Dolour
Mary receives the dead Body of Jesus in her arms
(John 19:38-40)

The friends of Jesus, Joseph and Nicodemus, took down His dead Body from the cross and placed It in the outstretched arms of His afflicted Mother. She washed Him with deep respect and love because she was His mother. She knew better than anyone else that He was God Incarnate who had taken a human body to become the Saviour of all humanity.

Mary could see the terrifying wounds from the flogging Jesus had received while at Pilate's place. His flesh had been shredded and large strips had been torn from His back. His entire body had been so lacerated that gaping wounds crisscrossed Him from head to toe. Mary found that the wounds from the nails were less severe than those caused by the flogging and by carrying the cross. She was horrified at the thought that her Son had managed to carry the heavy, splintered cross all the way to Calvary, which took all the flesh on his right shoulder right down to the bone. She saw the circle of blood the crown of thorns had made on His forehead and, to her horror, realised that many of the barbed thorns had dug so deeply into His skull, they had penetrated His brain.

Looking at the broken body of her Son, the Holy Mother knew that his agonizing death was far worse than the torture reserved for the wickedest of criminals. **CONT**

Most Merciful Mother, remind us always about the sorrows of your Son, Jesus.

The 7th Seventh Sorrowful Dolour
Jesus is placed in the Tomb (John 19:41-42)

The life of the Blessed Virgin Mary was so closely linked to that of Jesus, she thought there was no reason for her to go on living any longer. Her only comfort was that His death had ended His unspeakable suffering. Our Sorrowful Mother, with the help of John and the holy women, devoutly placed Jesus' body in the sepulchre and she left Him there as any other dead person.

She went home with great pain and tremendous sorrow; for the first time she was without her Son Jesus, and her loneliness was a new and bitter source of pain. Her heart had been dying since her Son's heart had stopped beating, but she was certain that our Saviour would soon be resurrected.

Say 1 Our Father (The Lord's Prayer)
& 7 Hail Mary's & Glory be to the Father

Let us Pray

Beloved Mother Mary, whose beauty surpasses that of all mothers, Mother of Mercy, Mother of Jesus, and mother to us all, we are your children and we place our trust in you. Teach us to see God in all things and in all situations, even in our sufferings. Help us to understand the importance of suffering, and also to know the purpose of our suffering as God had intended it.

You yourself were conceived and born without sin, were preserved from sin, yet you suffered more than anybody else has. You accepted suffering and pain with love and with unsurpassed courage. You stood by your Son from the time He was arrested until He died. You suffered along with Him, felt every pain and torment He did. You accomplished the will of God the Father, and according to His Will, you have become our Co-Redemptrix with Jesus. We beg you, dear Mother, to teach us to do as Jesus did. Teach us to accept our cross courageously. We trust you, Most Merciful Mother, so teach us to sacrifice for all the sinners of the world. Help us to follow in your Son's footsteps, and even to be willing to lay down Our lives for others.

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, hail our life, our sweetness and our hope. To you do we send up our sighs, mourning and weeping in this valley of tears., Turn then, most gracious Advocate, your eyes of mercy towards us, and after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God & our Mother, that we may be made worthy of all the promises of Christ.

Let us pray

O God, whose only begotten Son, by His Life, Death and Resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that meditating upon these Mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ, Our Lord. Amen.

May the divine assistance remain always with us
And may the souls of the faithful departed
Through the Mercy of God rest in peace. Amen

Congratulations on finishing the Rosary of the Seven Sorrows of the Virgin Mary. Now make the sign of the cross to wipe away the tears Mary shed during the Passion of Jesus, and rest assured that your prayers will be answered

Most Merciful Mother, remind us always about the sorrows of your Son, Jesus.

Concluding Prayer-

Beloved Mother Mary, Queen of Martyrs, your heart suffered so much. I beg you, by the merits of all the tears you shed in these terrible and sorrowful times, to obtain for me and all the sinners of the world, the grace of complete sincerity and repentance for all our sins. Amen.

Say 3 times

Mary, who was conceived without sin and who suffered for us, pray for us.

Now Say 3 Hail Mary's & 3 Glory Be

Say in honour of Mary's Virginity:

And offer this prayer in reparation
To The Blessed Mother of God.

Virgin **before birth**, Mother of God, pray for us

Say 1 Hail Mary

Virgin **in birth**, Mother of God, pray for us

Say 1 Hail Mary.

Virgin **after birth**, Mother of God, pray for us

Say 1 Hail Mary.

Then say 3 Glory be to the Father.

Prayer for the Pope & his intentions

Say 1 Our Father, 3 Hail Mary's, and
1 Glory be to the Father

Prayer

May the Lord preserve him and give him life, and make him blessed upon the earth, and deliver him not up to the will of his enemies but fill him with all the gifts of the Holy spirit

Think of One Dolour of the Rosary while praying your 7 Hail Mary's**Our Father**

Our Father, who lives in Heaven, hallowed be your Name, your Kingdom come, your Will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of Grace, the Lord is with you. Blessed are you among all women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God & our Mother, pray for us sinners now and at the hour of our death. Amen.

Glory be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Wounds of Jesus

Novena to Baby Jesus



Novena (9 days Prayer) to the Divine Infant

Five (5) Offerings to the Infant Jesus-
(Suitable for a Christmas Novena
Starting on 16 Dec and
Finishing on 24 Dec.)

But it can be said any other time

5) Eternal Father permit me to offer to your honour and glory, and for my own salvation, and for the salvation of the whole world

The humility, mortification, patience, charity, all the virtues of the Child Jesus and I thank and love and bless you for the ineffable mystery of the incarnation of the

Divine Word.

1 Glory Be Etc.

(Bow your Head & say)

And the Word was made flesh,

And dwelt among us.

Let us Pray

O God, whose only begotten Son was made manifest to us in the substance of our flesh, grant we beseech you that through Him, whom we acknowledge to be like ourselves, our souls may be inwardly renewed.

Who lives and reigns with you forever and ever.

Amen.

Prayer to the Infant Jesus

O adorable Infant, I should not dare to present myself before You did I not know that You Yourself invited me to approach You.

It is I by my sins who made You shed so many tears in the stable of Bethlehem

but since You came upon earth to pardon penitent sinners, vouchsafe to pardon me.

I sincerely repent of having despised You, my Lord and my God, who are so good and have loved me so much.

CONT.

Let us Pray

1) Eternal Father permit me to offer to your honour and glory, and for my own salvation, and for the salvation of the whole world,

The mystery of the birth of our Divine Saviour.

Now Say

1 Glory Be, Etc.

2) Eternal Father permit me to offer to your honour and glory, and for my own salvation, and for the salvation of the whole world, The sufferings of the most Holy Virgin and of St Joseph in that long and weary journey from Nazareth to Bethlehem. Permit me to offer you the sorrow of their hearts when they found no place wherein to shelter themselves when the Saviour of the World was to be born.

1 Glory Be, Etc.

3) Eternal Father permit me to offer to your honour and glory, and for my own salvation, and for the salvation of the whole world,

The sufferings of Jesus in the stable Where he was born.

1 Glory Be Etc.

4) Eternal Father permit me to offer to your honour and glory, and for my own salvation, and for the salvation of the Whole world, The pain, which the Holy Child Jesus felt in his tender body when he submitted to circumcision. Permit me to offer you that Precious Blood which for the first time was shed for the salvation of the

Whole human race.

1 Glory Be Etc.

The grace that I ask is that I may love you henceforth with all my heart, my mind, my soul and my body. In flame my soul entirely with Your holy love. I love you, O my God, who became an infant for me. Grant that I may never cease to love You. Amen.

O Mary, my mother, You are all-powerful by your prayers. I ask but one favour of You, that You will pray to Jesus for me. Amen.

Ancient Prayer to Mary

WE fly to your patronage, O Holy Mother of God. Despise not our prayers in our necessities but Ever deliver us from all dangers, ever Glorious and Blessed Virgin Mary.

Our Lady of Guadalupe Virgin & Mother



PRAY FOR ME AND MY MOTHER
Pregnancy Support Bankstown
(02) 8709 9333

IF I AM UNWANTED

Why must so many couples wait 5 – 10 years
to adopt a baby like ME?

IF MY BODY OR MIND ARE NOT PERFECT

Why am I less valuable than YOU?

Don't we all struggle with some kind of handicap?

Like anyone else I need a chance to
conquer my handicaps and
discover the joys of living.

IF YOU FEAR I WOULD LEAD A LIFE OF POVERTY AND DISPAIR

How would you show your compassion
by taking MY LIFE?

Please love and accept ME,

don't just pity, and reject me.

You alone have that special love that can
reach past our circumstances and discover

my worthiness, my UNIQUE value.

Mother, maybe I can never call you that, and be apart
of YOUR life, but I can bring a great deal of love and
joy into the lives of others. and I would be content just
knowing of your unselfish love for me and have spared
my life. And I thank you from the bottom of my heart
and with all my being if you do that for me right now

I AM A FIRST TRMESTER BABY
AND **DO NOT WANT TO DIE** BEFORE I AM BORN
PLEASE **HELP ME AND MY MOTHER**



IF I AM NOT A HUMAN BEING

What kind of being am I?

IF I AM ONLY A PART OF MY MOTHER'S BODY

Why do I have my own sex, blood type,
Finger prints and toe prints?

Why is my genetic make-up completely different?
My digestive, circulatory, nervous and respiratory
systems are already working.

My heart beat and brain waves can be recorded,
and show regular patterns.

I can taste, swallow, hiccup, make a fist and
Suck my thumb.

IF MY EXISTANCE HAS NO MEANING

Why do I respond to my mother's voice?

And wake and sleep with her?

And dream?

Why do I react to light and to heat?

And squint? And frown?

And why is almost my entire body sensitive to touch?

IF I AM JUST A BLOB OF TISSUE

Why would I feel myself painfully torn apart by the
Abortionist suction-machine?

Why would I react so violently to the
cutting of his knife-like curette?



THE MIRACLE PRAYER

Lord Jesus, I come before you, just as I am. I am truly sorry
for all my sins, permit me to ask you to forgive me and grant
me the gift of your grace so that I will be able to repent of all
my sins. In your name I forgive all others for what they have
done against me. Grant me also your grace so I will be able
to renounce Satan, the evil spirits and all their works. I give
you my entire self, Lord Jesus, now and forever.

I invite you into my life Jesus, I accept you as
my Lord, God and Saviour and Redeemer. Heal me, change
me, and strengthen me in my body, soul and spirit.

Permit me to ask you Lord Jesus come, cover me with your
precious Blood, and fill me with the Holy Spirit. I love you
Lord Jesus. I praise you Jesus, I thank you Jesus. I shall
with YOUR GRACE follow you every day of my life. Amen.

Mary my Mother, Queen of Peace, all the Angels and
Saints please help and pray for me. Amen.

Say this prayer faithfully, no matter how you feel.

When you come to the point where

you sincerely mean each word, with all your heart,
something good spiritually will happen to you.

You will experience Jesus, and He will change your whole
life in a very special way. You will see.