



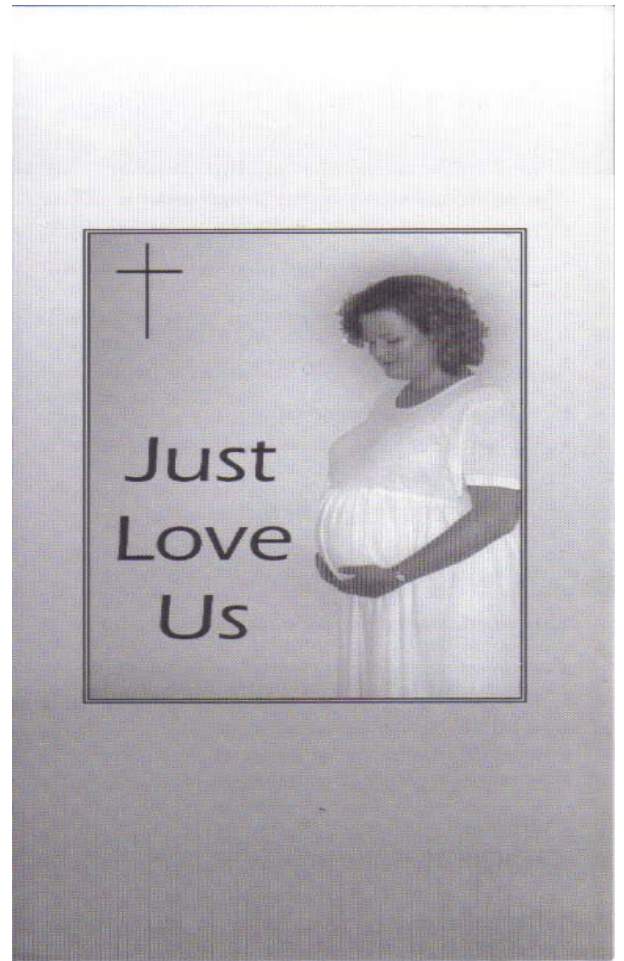
THE MIRACLE PRAYER

Lord Jesus, I come before you, just as I am. I am truly sorry for all my sins, permit me to ask you to forgive me and grant me the gift of your grace so that I will be able to repent of all my sins. In your name I forgive all others for what they have done against me. Grant me also your grace so I will be able to renounce Satan, the evil spirits and all their works. I give you my entire self, Lord Jesus, now and forever. I invite you into my life Jesus, I accept you as my Lord, God and Savior. Heal me, change me, and strengthen me in my body, soul and spirit. Permit me to ask you Lord Jesus come, cover me with your precious blood, and fill me with the Holy Spirit. I love you Lord Jesus. I praise you Jesus, I thank you Jesus. I shall with YOUR GRACE follow you every day of my life. Amen.

Mary my Mother, Queen of Peace, all the Angels and Saints please help and pray for me. Amen.

Say this prayer faithfully, no matter how you feel. When you come to the point where you sincerely mean each word, with all your heart, something good spiritually will happen to you. You will experience Jesus, and He will change your whole life in a very special way. You will see.

This booklet is distributed FREE of Charge
Web Site: www.freeourladyofsorrows.com



YOU'RE PREGNANT WHAT NOW?



You didn't plan on being pregnant. Now you're in shock!

- What am I going to do?
- I don't want anyone to find out.
- He said he'd leave me if I got pregnant.
- I'm just a student and my whole life is ahead of me.
- They just won't understand.
- I can't afford it.
- I'm too young/old.
- I can't cope with any more now.

I'M FRIGHTENED!

You need someone you can talk to.

Someone you can trust not to tell your secret... someone who can help you think, to stop the panic.

The decision you are about to make you will live with for the rest of your life. You need to think it right through.

Calmly.

You have two options:

**DO I KEEP THE BABY
DO I HAVE AN ABORTION?**



DO I KEEP THE BABY?

It isn't a baby at all - it's just a blob of cells.

Deep down in your heart you know it is a baby, even if it doesn't look like a baby yet.

All the DNA is there, the programming for the development of this person.

How will I get by? The father and my family won't have anything to do with me?

Help and support are in place for you - you only have to make a phone call. People are trained to help and understand your problems and give you practical aid - don't be afraid.

I had plans, a career.....

All that can still happen for you as it has happened for many, many other women before. Don't be disheartened.

What about the trouble it will cause in my family? It will be terrible.

You are not alone when you phone for support. If you decide to keep your baby you will be surprised at the strength you'll have that you never thought possible before.

Many women don't plan a pregnancy but find they can adjust their life.

One young mother-to-be considered abortion and, when she found she had help, decided against it. She has said how thrilled she is to be a mother and is very proud of her little son.

"I have come that they may have life and have it more abundantly."

John 10:10

DO I HAVE AN ABORTION?

If I have an abortion no one will ever know.

Abortions are not as safe as they are claimed to be. Things can go wrong. **You** will know - and **you** are the person we are concerned about.

I can just get on with my life.

Yes, but you may find that you will suffer from what is called post abortion grief. This can affect your personality, your relationships. Many women silently try to cope with this pain. Even after forty years.

I just want this pregnancy to go away.

You are possibly in shock just now and that is not a good time to make important decisions.

We just want you to consider all your options before you make this decision that can affect the rest of your life.

It may seem that having an abortion is a quick solution to an unwanted pregnancy: that keeping the baby will make your life more complicated.

Friends are not usually informed enough to help you, even though they care about you.

We do not know you but we care about **YOU**, **your future happiness and your baby** and we offer you the help and support every pregnant woman needs.

*Please contact your nearest
Pregnancy Support Centre
as listed in the phone book.*

I'VE DECIDED I'M GOING TO KEEP MY BABY!

Congratulations Mother!

You have courage and determination...

and an appreciation of the gift of life you are giving to the baby who is growing inside you.

You have taken the first step - made **your** decision.

Every pregnant woman has to make changes in her life.

Some changes are early in the pregnancy, like coping with morning sickness.

Other changes are about a job, money, support. These are all individual and personal.

You need to decide:

- What doctor or hospital you will choose
- How long you want to work if you have a job
- Who are the relations and friends who will give you support
- What you are going to do if you can no longer live where you are living now

YOU ARE NOT ALONE IN YOUR DECISION

There are people who want to help you...

- Ask a close friend to be your "buddy" and attend ante-natal classes with you
- Ask a Church member if there is a Caring Group which can help provide baby clothes and equipment
- Ask the Pregnancy Support Centre for a contact in your area.

YOU CAN OBTAIN HELP FROM....

- Centrelink (Parenting Payment & Family Payments - Enquiries : 136150)
- Your doctor
- The Outpatients' Department of the public hospital near you - the Social Worker, Antenatal Clinic
- The charity organisations' shops and recycled clothing outlets in your area (listed under these headings in the phone book)
- Your Minister of Religion whether you are a practising Church member or not
- Your nearest Pregnancy Support Centre as listed in the phone book.

This is a treasured time in a woman's life... to feel the stirrings of life within you... to realise that YOU are part of the great mystery of Creation... to give LIFE to another person whose identity, personality and talents will also make a difference to the world.

May the peace of God, which is beyond all understanding, keep your heart and mind in the knowledge and love of God and of His Son, Our Lord Jesus Christ.

May the God of all consolation bless you in every way, free you from all anxiety, and strengthen your heart in His love.

Produced by: Just Love Us
PO Box 398 Wallisall NSW 2287

Just Love Us How You Can Help

Often people do not know what to say to a woman distressed by a surprise pregnancy. They sympathise and would like to help her but don't know what to do or say.

When a pregnant woman feels she has support, and is not alone in a frightening situation, she is usually able to think more clearly and often decides she can cope and will keep her baby.

Many women who have had abortions have said that **if only one person had told them not to do it**, they wouldn't have – that they can't believe they did it.

And they suffer what is called *post-abortion grief*. This can go on for the rest of their lives and affect future relationships.

The aim of this brochure is to show ordinary people how to answer questions and help a woman who might be considering abortion.

It is important for *all* people today to be able to offer sound advice about what assistance is available to a woman in this situation – especially when she is quite often unable to see long-term outcomes.

The brochure is inter-denominational and can be given to members of other Churches for them to distribute.

The brochures can be left:

- in doctor's surgeries, chemist shops, dentist waiting rooms with permission.
- in public libraries which have public notice boards for general information.
- for senior classes at schools.
- in universities and colleges.
- in St Vincent de Paul shops, Life Line and Samaritans shops.
- in hospital waiting rooms, Casualty Departments.
- in staff lunch rooms.
- in the glove box of your car.
- where you think they might be helpful.

Keep a brochure at home because friends will talk to **you** about their troubles.

We all have a responsibility to help each other when in need.

Let us reach out to show we really care and respond to her plea:

Just Love Us

Our Lady of Guadalupe Virgin & Mother



PRAY FOR ME AND MY MOTHER
Pregnancy Support Bankstown
(02) 8709 9333

I AM A FIRST TRMESTER BABY
 AND **DO NOT WANT TO DIE** BEFORE I AM BORN
 PLEASE **HELP ME** AND **MY MOTHER**



IF I AM NOT A HUMAN BEING

What kind of being am I?

IF I AM ONLY A PART OF MY MOTHER'S BODY

Why do I have my own sex, blood type,
 Finger prints and toe prints?

Why is my genetic make-up completely different?

My digestive, circulatory, nervous and respiratory systems
 are already working.

My heart beat and brain waves can be recorded, and show
 regular patterns.

I can taste, swallow, hiccup, make a fist and
 Suck my thumb.

IF MY EXISTANCE HAS NO MEANING

Why do I respond to my mother's voice?

And wake and sleep with her?

And dream?

Why do I react to light and to heat?

And squint? And frown? And why is almost my entire body
 sensitive to touch?

IF I AM JUST A BLOB OF TISSUE

Why would I feel myself painfully torn apart by the
 Abortionist suction-machine?

Why would I react so violently to the cutting of his
 knife-like

IF I AM UNWANTED

Why must so many couples wait 5 – 10 years to
 adopt a baby like ME?

IF MY BODY OR MIND ARE NOT PERFECT

Why am I less valuable than YOU?

Don't we all struggle with some kind of handicap?

Like anyone else I need a chance to conquer my
 handicaps and discover the
 joys of living.

**IF YOU FEAR I WOULD LEAD A LIFE OF POVERTY
 AND DISPAIR**

How would you show your compassion by taking
MY LIFE?

Please love and accept ME,

don't just pity, and reject me.

You alone have that special love that can reach past
 our circumstances and discover
 my worthiness, my UNIQUE value.

Mother, maybe I can never call you that, and be apart
 of **YOUR** life, but I can bring a great deal of love and
 joy into the lives of others. and I would be content
 just knowing of **your unselfish love for me and have
 spared my life.** And **I thank you** from the bottom of
**my heart and with all my being if you do that for me
 right now**