

**PRAYER FOR DELIVERANCE**

My Lord, You are all powerful, You are God, You are Father.  
We beg You through the intercession and help of the  
Archangels Michael, Raphael, and Gabriel, for the  
deliverance of our brothers and sisters who are enslaved by  
the evil one. All saints of heaven, come to our aid.  
*Free us, From anxiety, sadness, and obsessions,*

We beg You:

*Free us, O Lord. From hatred, fornication, envy, We beg You:  
Free us, O Lord. From thoughts of jealousy, rage, and death.*

We beg You:

*Free us, O Lord. From every thought of suicide and abortion.  
We beg You:*

*Free us, O Lord. From every form of sinful sexuality.*

We beg You:

*Free us, O Lord. From every division in our family, and every  
harmful friendship.*

We beg You:

*Free us, O Lord. From every sort of spell, malefice,  
witchcraft, and every form of the occult.*

We beg You:

*Free us, O Lord. Lord, You Who said,*

*"I leave you peace, my peace I give you,"*

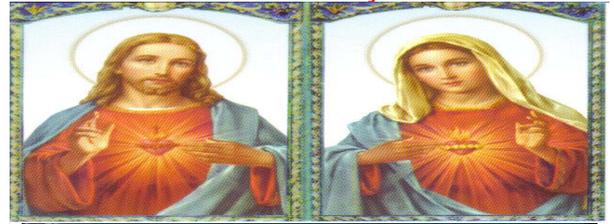
*grant that, through the intercession of the Virgin Mary, we  
may be liberated from every evil spell and*

*enjoy Your peace always.*

*In the Name of Christ, our Lord. Amen."*

This booklet is distributed **FREE of Charge**  
Web Site: [www.freeourladyofsorrows.com](http://www.freeourladyofsorrows.com)

**The Two Sacred Hearts  
Of  
Jesus & Mary**



**Daily Consecration to the Sacred Heart of Jesus  
and Immaculate Heart of Mary**

Sacred Heart of Jesus and Immaculate Heart of Mary, I consecrate my entire self to the Most Holy Love of Your Two Hearts. I wish to make reparation for all the sins of the world, including my own. I offer these things for the love of the Hearts of Jesus and Mary. I will keep my mind on beauty and turn my thoughts from evil things. I will hold my temper and bear the mistakes of others with love and a forgiving heart. I will admit when I am wrong and ask others to forgive me. I will not show off, but remain humble. I will offer up all my sufferings, sicknesses and hurts and seek God's Will, not my own. I will show appreciation for the kindness and blessings that I receive, and thank God for all things. I will do

everything in my life for love of God and I will love others as God has loved me. O Sacred Heart of Jesus, through the intercession of the Immaculate Heart of Mary, receive the offering and consecration I now make of myself to You. Keep me faithful until death and bring me one day to the happy home in heaven. I desire to live forever with God the Father and the Most Holy Spirit and You my Lord Jesus, together with Your Most Immaculate Mother. Amen.

**Sacred Heart of Jesus and Immaculate Heart of Mary,** please protect us.

For free cards to help spread this devotion, contact:  
**Mary's Rosary Chain Inc.**  
(02) 8807 7888 or 0424 032 200 or (02) 4878 9192  
PO Box 3127, St Marys South NSW 2760, Australia  
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**JANUARY 2011**  
**APOSTLESHIP OF PRAYER**  
**THE MORNING OFFERING**

O Jesus, through the most pure heart of Mary, I offer you all the prayers, works, joys, and sufferings of this day for all the intentions of your most Sacred Heart in union with the holy sacrifice of the Eucharist, and I offer them especially for the Holy Father's general intention,

**That the riches of the created world may be preserved, valued, and made available as God's precious gift to all,**

and for his mission intention,

**That Christians may attain full unity, witnessing to all the universal fatherhood of God.**

**A WELCOME to the New Year of  
 OUR LORD.**

The Apostleship of Prayer belongs to everybody within the Church. The way is apostolic in that each and everyone of us is being encouraged to take part in spreading the Gospel message by urging a few friends around us to join in praying everyday the Gospel of Our Lord. Can each of us go out to another so that he/she also may be active in this Apostolate of Prayer?

This is a suggested way of praying based on St. Ignatius of Loyola. If you are not familiar with praying with Scripture, as the Holy Father suggests, then try this way.

Read the Daily Gospel. Read it a few times.

Go to a place where you will not be disturbed. Still your mind by, perhaps, reading the passage again.

Picture the reading. Picture Jesus. Picture the crowd or the disciples. Let the picture be as if it were present to you now. Picture yourself in the scene. Hear Jesus talking to the crowd or to the disciples. Hear him talking to you as one of the disciples or as a member of the crowd. Picture Jesus speaking to you. Let his words enter into your heart.

Tell Jesus how you are feeling about what he has just said to you, about the other thoughts that have arisen in your heart. Talk to him as you would to any other person.

Finish your prayer with an Our Father or a Hail Mary.

**A Prayer for Reconciliation**

Gracious God, Ruling the earth and its people  
 Not by terror but by love;  
 We worship you.

We confess that too often our words hurt others  
 And our deeds are selfish;  
 Forgive us

In this time of uncertainty and fear,  
 Help us to love our enemies and do good to  
 Those who hate us,  
 In the name of Jesus our Lord  
 Amen.

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**If you want to learn more about the**

**APOSTLESHIP OF PRAYER**

**Please contact the above address**

**“Jesus, Mary, I Love  
 You, Save Souls”**

Some Extracts from the book, “JESUS APPEALS TO THE WORLD.” RE:— Words spoken by Jesus to Sister M. Consolata, relative to the aspiration—  
**“JESUS, MARY, I LOVE YOU, SAVE SOULS.”**

(Publishers: Society of St. Paul, St. Paul Monastery, Canfield, Ohio)

Imprimi Potest: Staten Island, 2.1.1955, Victor Viberti, S.S.P., Censor Del.

Nihil Obstat: John M. Fearn, S.T.D., Censor lib.

Imprimatur: New York, 3.11.1955

\* Francis Cardinal Spellman, Archbishop of N.Y.

**“Think, One act of love can determine eternal happiness for a soul. Therefore, be careful never to omit one ‘JESUS, MARY, I LOVE YOU, SAVE SOULS.’ Lose no time – every act of love is a soul.”**

Words of Our Lady: “Only in paradise will you realize the value and the fruitfulness of saving souls. The act of love is especially meritorious as one of reparation.”

“One JESUS, MARY, I LOVE YOU, SAVE SOULS atones for thousands of blasphemies.”

“Put together all virtuous acts of today that you can perform, and put them beside a day uninterrupted in acts of love – and I will take the love-filled day in preference to anything else you have done or offered Me. “JESUS, MARY, I LOVE YOU, SAVE SOULS:—Herewith you offer me everything.”

"Remain true to this act of love, and renew it from hour to hour, and I will grant you everything, Consolata."

"Consolata, I will lead you to all heights of love and suffering, but repeat always: "JESUS, MARY, I LOVE YOU, SAVE SOULS: Nothing more."

"I prefer one act of love to all other prayers. "JESUS, MARY, I LOVE YOU, SAVE SOULS" includes all – the souls in purgatory, as those in the militant Church, the guilty and the innocent, the dying, the godless, etc. Fear not: On the day you die, you will have reached the summit and finished your last act of love that Jesus wished from you, when He called you as a Victim of Love."

Jesus wills to save the world, but the world must return to Jesus. There is only one way–

### LOVE

August 17, 1934: "After you have prayed your last 'Jesus, Mary, I Love You, Save Souls': I will accept it and through your writings I will make it accessible to millions of souls. Even sinners will take it up, and will follow you in the simple way of trust and love, and will love Me in this way."

"JESUS, MARY, I LOVE YOU, SAVE SOULS"  
(300 days of indulgence)

Turin, 10.1.1948 \*M. Cardinal Fossati, Archbishop  
Nihil Obstat: Dr. A. Cottier, Libr. censor  
Imprimatur: L. Waeber, Vic-Gen.

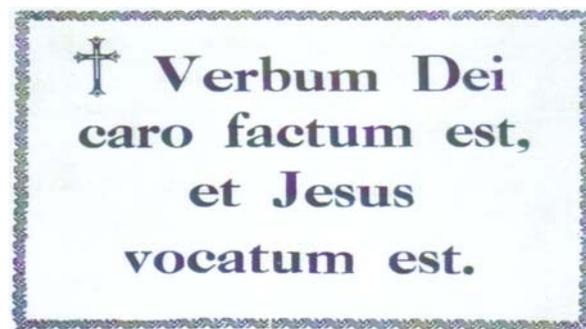
Friburgi Helv., die 20 Sept., 1951

Sister M. Consolata Betrone  
Capuchin Nun (1903–1946)

The Servants of Mary Help of Christians,  
St. Benedict's, Broadway 2007

This leaflet is FREE, not to be sold.

If you want the Jesus, Mary I love Save Souls  
Prayer Card ONLY then Please contact the above address



Verbum Dei caro factum est  
et Jesus vocatum est

(The word of God was made Flesh and was called Jesus)

Our Blessed Lord said to Saint Gertrude,  
According to what we read in her life:

"He who gives reverence to this sentence,

Verbum Dei caro factum est et Jesus vocatum est

I, in that moment from the right side of God my Father,  
bow to him and at the same time offer My merits  
to My Father double for the  
augmentation of the glory of that person."

Wherever there are exposed these words,

the scourges of the Divine Justice do not work and  
the devil runs away with lightning speed.

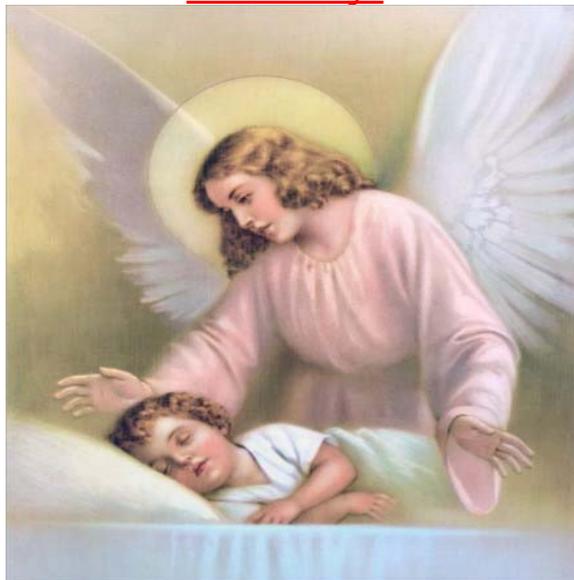
Nothing can conquer you, when you are  
adorned with this sentence:

God and also the angels see you pleasant in their eyes;  
but the devil will hate you.

Nihil obstat. Dei 14 Junii 1928

Fr. Aloisius Attard O.F.M. Censor Theol.

### Guardian Angle



#### Guardian Angels—Celestial Servants

One of the most treasured beliefs held by many people is that each person has an appointed "Guardian angel" to watch over them. Although the Bible never uses the term "guardian angel," there are examples of angels being assigned to protect human beings

(Acts 12:6-10)

Angels are celestial messengers that move at the speed of light to carry out God's Will

(Psalm 103:20-21).

In times of peril, "guardian" angels are God's servants sent to rescue us (2 Kings 6:13-17)).

They involve themselves in political affairs of nations as well as the smallest concerns of children

(Isaiah 37:33-36; Matthew 18:10)

The most significant characteristic of angels is not their supernatural power or their magnificent beauty. Angels, specifically guardian angels, are compelled to work on our behalf. They are anxious to hear and carry out God's Word. Their inexhaustible love for God motivates them to protect and guard what is

Most precious to Him, His children

(And that is EACH & EVERY ONE of US).

Angels appear in the Bible from the beginning to the end, from the Book of Genesis to the Book of Revelation. The

Bible is our best source

Of knowledge about angels – for example, (Psalm 91:11, Matthew 18:10 and Acts 12:15)

indicate humans have guardian angels.

Angels announced the birth of Jesus to the shepherds (Luke 2:14), minister to Christ after his temptation in the desert (Matthew 4:11), comforted Jesus in his agony in the garden (Luke 22:43) and appeared to announce his resurrection from the dead (John 20"12).

Jesus Christ stated the angels of little ones continually behold the face of the Father (Matthew 18:10) this passage has been traditionally cited as biblical Evidence of Guardian Angels. Angels will come with Christ on the Day of Judgement (Matthew 24:31), and angels will separate the wicked from the just on the Last Day (Matthew 13:49), although they do not know the day of Judgement (Mark 13:32).

Christ also said the children of the resurrection will be equal to the angels (Luke 20:34). Michael as one of the leading angels is considered "Prince" of the heavenly hosts, and appears twice in the Book of Daniel (10:13 and 12:1). He is the only one in the Bible referred to as an Archangel (Jude 1:9), And serves a major role in Chapter 12 of the Book of Revelation. The angel Gabriel first appears to Daniel (Daniel 8:16 and 9:21), but is best known for the Annunciation to Mary that She would be the Mother of Jesus, the Son of God (Luke 1:26-38). The Book of Tobias (Tobit 12:15) names Raphael as "one of the seven who stands before the Lord." Revelation 8:2 also refer to the seven angels who stand before the Lord.

### Prayer For Sick People



The Everlasting God  
Has in his wisdom foreseen from eternity the cross  
that He now presents to YOU  
As a gift from His inmost heart.  
This cross He now sends YOU  
He has considered with His all-knowing eyes,  
understood with His Divine mind,  
tested with His wise justice,  
warmed with loving arms and  
weighed with His own hands to see that it be  
not one inch too large and  
not one ounce too heavy for YOU.  
He has blessed it with His holy Name,  
anointed it with His grace,  
perfumed it with His consolation,  
taken one last glance at YOU and YOUR courage,  
and then sent it to YOU from heaven.  
As a special greeting from God to YOU,  
An alms of the all-merciful love of God.  
You need to ask God to give all the graces you need  
to carry this cross  
if at any time starts to get too heavy.  
By St Francis De Sales.

The seven are Michael, Gabriel, and Raphael, the three named in the Bible, and Raguel, Remiel, Saraqael, and Uriel, named in Enoch (20:1-8), a book found in the Dead Sea Scrolls and in the Bible of the Eastern Orthodox Church of Ethiopia.

The word "angelos" in Greek means messenger. Angels are purely spiritual beings that do God's Will (Psalm 103:20, Matthew 26:53).

Sometimes angels take human form, as seen in the three men who appeared to Abraham in Genesis 18, the two angels who appeared to Lot before the destruction of Sodom and Gomorrah (Genesis 19), or Raphael appearing in human form to Tobias (5)

Why don't you give YOUR Guardian Angel your most favourite Name.

#### Prayer to your Guardian Angel

Angel of God, my guardian dear,  
To whom God's love commits you here  
All my life be at my side  
To rule and guide.  
Amen

### Gospel By St Matthew

7; 21-27



A Wise man builds his House on rock,  
Not on Sand.

Jesus said to his disciples:

"It is not those who say to me, "Lord, Lord",  
who will enter the kingdom of heaven,  
but the person who does the will of my Father in heaven.  
When the day comes many will say to me,  
" Lord, Lord, did we not prophesy in your name,  
cast out demons in your name,  
work many miracles in your name?"

Then I shall tell them to their faces:

I have never known you; away from me, you evil men!"

' Therefore, everyone who listens to  
these words of mine and acts on them  
will be like a sensible man who  
built his house on rock.

Rain came down, floods rose, gales blew and hurled  
themselves against that house, and  
it did not fall: it was founded on rock.

But everyone who listens to  
these words of mine and does not act on them  
will be like a stupid man who  
built his house on sand.

Rain came down, floods rose, gales blew and struck  
that house, and  
it fell; and what a fall it had!

Look at the birds in the sky.

They do not sow or reap or gather into barns; yet  
your heavenly Father feeds them.

Are you not worth much more than they are?  
Can any of you, for all his worrying, add one single  
cubit to his span of life?

And why worry about clothing?

Think of the flowers growing in the fields;  
they never have to work or spin; yet I assure you that not  
even Solomon in all his regalia was robed like one of these.  
Now if that is how God clothes the grass in the field which is  
there today and thrown into the furnace tomorrow,  
will he not much more look after you,

you men of little faith?

So do not worry do not say, "What are we to eat?  
What are we to drink? How are we to be clothed?"  
It is the pagans who set their hearts on all these things.

Your heavenly Father knows you need them all.

Set your hearts on his kingdom first,  
and on his righteousness,  
and all these other things will be given you as well.

So do not worry about tomorrow:  
tomorrow will take care of itself.  
Each day has enough trouble of its own

Isaiah

49: 14-15

Even these may forget, says the  
Lord God, yet I will not forget YOU

For Zion was saying, 'The Lord has abandoned me,  
the Lord has forgotten me.'

Does a woman forget her baby at the breast,  
or fail to cherish the son of her womb?

Yet even if these forget,  
I will never forget YOU

St. Matthew

6: 24-34

Do not worry about your life and  
what you are to eat or to wear.

Jesus said to his disciples:

'No one can be a slave of two masters: he will either hate  
the first and love the second, or treat the first with respect  
and the second with scorn.

You cannot be a slave both of God and of money.

That is why I am telling you not to worry about your life  
and what you are to eat, nor about your body and how  
you are to clothe it. Surely life means more than food,  
and the body more than clothing!

Gospel By St Matthew

5; 17-37



Such was said to your ancestors;  
But I am speaking to YOU.

Jesus said to the disciples:  
 " Do not imagine that I have come to abolish the  
 Law or the Prophets.

I have come not to abolish them but to complete them.  
 I tell solemnly, till heaven and earth disappear,  
 not one dot, not a little stroke shall disappear from the Law  
 until its purpose is achieved.

Therefore, the man who infringes even one of the least of  
 these commandments and teaches others to do the same  
 will be considered the least in the kingdom of heaven  
 But the man who keeps them and teaches them will be  
 considered great in the kingdom of heaven.

For I tell YOU  
 if your virtue goes no deeper than that of the scribes and the  
 Pharisees, you will never get into the kingdom of heaven.

You have learnt how it was said to our ancestors:  
 You must not kill; and if anyone does kill he  
 must answer for it before the court.

But I say this to YOU:

anyone who is angry with his brother will answer for it  
 before the court: if a man calls his brother "Fool" he will  
 answer for it before the Sanhedrin: and if a man calls him  
 " Renegade" he will answer for it in hell fire

So then, if you are bringing your offering to the altar and  
 there remember that your brother has something against  
 you, leave your offering there before the altar,

go and be reconciled with your brother first,  
 and then come back and present your offering.

Come to terms with your opponent in good time while  
 you are still on the way to the court with him,  
 or he may hand you over to the judge and the judge to the  
 officer, and you will be thrown into prison.

I tell you solemnly, you will not get out till you  
 have paid the last penny.

You have learnt how it was said:  
 You must not commit adultery.

But I say to YOU:

If a man looks at a woman lustfully, he has already  
 committed adultery with her in his heart.  
 If your right eye should cause you to sin,  
 tear it out and throw it away; for it will do you less harm to  
 lose one part of you

Then to have your whole body thrown into hell.

And if your right hand should cause you to sin; cut it off  
 and throw it away; for it will do less harm to lose one part  
 of you than to have your whole body go to hell

It has also been said: Anyone who divorces  
 his wife must give her a writ of dismissal.

But I say this to YOU:

everyone who divorces his wife, except for the case of  
 fornication, makes her an adulteress; and  
 anyone who marries a divorced woman commits  
 adultery

Again, you have learnt how it was said to our ancestors:  
 You must not break your oath, but must  
 fulfil your oaths to the Lord.

But I say this to YOU

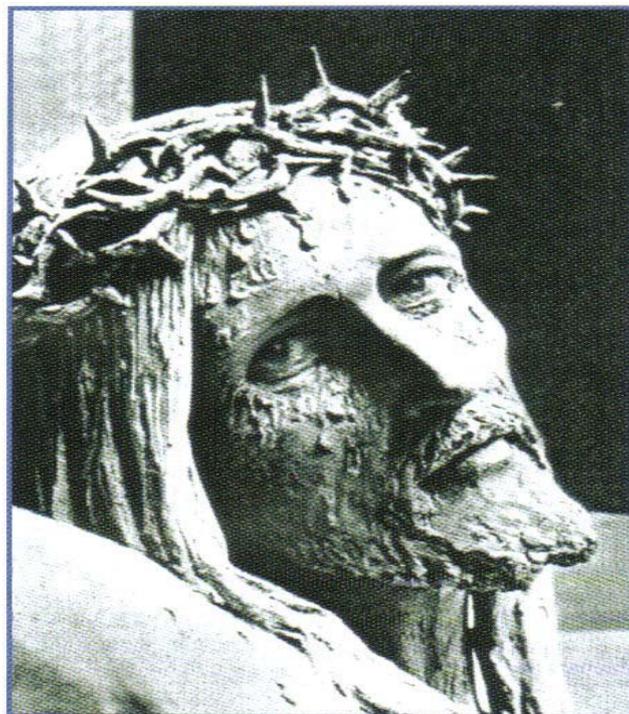
do not swear at all, either by heaven,  
 since that is God's throne; or

by the earth, since that is his footstool;

Or by Jerusalem, since that is the city of the  
 great king. Do not swear by your own head either, since  
 you cannot turn a single hair white or black.

All you need say is

"Yes" if you mean yes, " No" if you mean no;  
 anything more than this comes from the evil one."



*I Thirst For You*

### “Behold, I stand at the door and knock ...”

(Meditation based on the spiritual teachings of Mother Teresa of Calcutta) (Rev. 3:20)

It is true. I stand at the door of your heart, day and night. Even when you are not listening, even when you doubt it could be Me, I am there. I await even the smallest sign of your response, even the least whispered invitation that will allow Me to enter.

And I want you to know that whenever you invite Me, I do come - always, without fail. Silent and unseen I come, but with infinite power and love, and bringing the many gifts of My Spirit. I come with My mercy, with My desire to forgive and heal you, and with a love for you beyond your comprehension - a love every bit as great as the love I have received from the Father (“As much as the Father has loved me, I have loved you ...” [Jn. 15:9]). I come - longing to console you and give you strength, to lift you up and bind all your wounds. I bring you My light, to dispel your darkness and all your doubts. I come with My power, that I might carry you and all of your burdens; with My grace, to touch your heart and transform your life; and My peace I give to still your soul.

I know you through and through - I know everything about you. The very hairs of your head I have numbered. Nothing in your life is unimportant to Me. I have followed you through the years, and I have always loved you - even in your wanderings. I know every one of your problems. I know your needs and your worries. And yes, I know all your sins. But I tell you again that I love you - not for what you have or haven't done - I love you for you, for the beauty and dignity My Father gave you by creating you in His own image. It is a dignity you have often forgotten, a beauty you have tarnished by sin. But I love you as you are, and I have shed My Blood to win you back. If you only ask Me with faith, My grace will touch all that needs changing in your life; and I will give you the strength to free yourself from sin and all its destructive power.

I know what is in your heart - I know your loneliness and all your hurts - the rejections, the judgments, the humiliations. I carried it

sins, you give Me the joy of being your Saviour. There is nothing I cannot forgive and heal, so come now, and unburden your soul.

No matter how far you may wander, no matter how often you forget Me, no matter how many crosses you may bear in this life; there is one thing I want you to always remember, one thing that will never change: I THIRST FOR YOU - just as you are. You don't need to change to believe in My love, for it will be your belief in My love that will change you. You forget Me, and yet I am seeking you every moment of the day - standing at the door of your heart, and knocking. Do you find this hard to believe? Then look at the cross, look at My Heart that was pierced for you. Have you not understood My cross? Then listen again to the words I spoke there - for they tell you clearly why I endured all this for you: “I THIRST ...” (Jn. 19:28). Yes, I thirst for you - as the rest of the psalm-verse I was praying says of Me: “I looked for love, and I found none ...” (Ps. 69:21). All your life I have been looking for your love - I have never stopped seeking to love you and be loved by you. You have tried many other things in your search for happiness; why not try opening your heart to Me, right now, more than you ever have before.

Whenever you do open the door of your heart, whenever you come close enough, you will hear Me say to you again and again, not in mere human words but in spirit: “No matter what you have done, I love you for your own sake. Come to Me with your misery and your sins, with your troubles and needs, and with all your longing to be loved. I stand at the door of your heart and knock ... Open to ME, for I THIRST FOR YOU ...”

Missionaries of Charity Fathers

“Jesus is God, therefore His love, His Thirst, is infinite. He the creator of the universe, asked for the love of His creatures. He thirsts for our love ... These words: ‘I thirst’ - do they echo in our souls?”

Mother Teresa

Missionaries of Charity  
P.O. Box 337, Surry Hills 2010 NSW Ref: L-IT2

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I Thirst For You  
Please contact the above address

all before you. And I carried it all for you, so you might share My strength and victory. I know especially your need for love - how you are thirsting to be loved and cherished. But how often have you thirsted in vain, by seeking that love selfishly, striving to fill the emptiness inside you with passing pleasures - with the even greater emptiness of sin. Do you thirst for love? “Come to Me all you who thirst ...” (Jn. 7:37). I will satisfy you and fill you. Do you thirst to be cherished? I cherish you more than you can imagine - to the point of dying on a cross for you.

I thirst for you. Yes, that is the only way to even begin to describe My love for you: I THIRST FOR YOU. I thirst to love you and to be loved by you - that is how precious you are to Me. I THIRST FOR YOU. Come to Me, and I will fill your heart and heal your wounds. I will make you a new creation, and give you peace, even in all your trials. I THIRST FOR YOU. You must never doubt My mercy, My acceptance of you, My desire to forgive, My longing to bless you and live My life in you. I THIRST FOR YOU. If you feel unimportant in the eyes of the world, that matters not at all. For Me, there is no one any more important in the entire world than you. I THIRST FOR YOU. Open to Me, come to Me, thirst for Me, give Me your life - and I will prove to you how important you are to My Heart.

Don't you realise that My Father already has a perfect plan to transform your life, beginning from this moment? Trust in Me. Ask Me every day to enter and take charge of your life - and I will. I promise you before My Father in heaven that I will work miracles in your life. Why would I do this? Because I THIRST FOR YOU. All I ask of you is that you entrust yourself to Me completely. I will do all the rest.

Even now I behold the place My Father has prepared for you in My Kingdom. Remember that you are a pilgrim in this life, on a journey home. Sin can never satisfy you, or bring the peace you seek. All that you have sought outside of Me has only left you more empty, so do not cling to the things of this life. Above all, do not run from Me when you fall. Come to me without delay. When you give Me your

## Unspoiled Bodies Of Our Saints

St John Vianni



St Bernadette



St Vincent De Paul



25  
St Claire



St Catherine Labouré



St Frances



26  
St Padre Pio



St Margarita



St Rita



27  
St Silvan



St Maria Goretti



St Teresa Margaret



28

**POWERFUL EXORCISM PRAYER**

Kyrie eleison. God, our Lord, King of ages, All-powerful and Almighty, You Who made everything and Who transforms everything simply by Your will. You Who in Babylon changed into dew the flames of the "seven-times hotter" furnace and protected and saved the three holy children. You are the doctor and the physician of our souls. You are the salvation of those who turn to You. We beseech You to make powerless, banish, and drive out every diabolic power, presence and machination; every evil influence, malefice, or evil eye and all evil actions aimed against your servant. . . Where there is envy and malice, give us an abundance of goodness, endurance, victory, and charity. O Lord, You who love man, we beg You to reach out Your powerful hands and Your most high and mighty arms and come to our aid. Help us, who are made in Your image, send the angel of peace over us, to protect us body and soul. May he keep at bay and vanquish every evil power, every poison or malice invoked against us by corrupt and envious people. Then, under the protection of Your authority may we sing, in gratitude, "The Lord is my salvation; whom should I fear?" I will not fear evil because You are with me, my God, my strength, my powerful Lord, Lord of peace, Father of all ages. Yes, Lord our God, be merciful to us, Your image, and save your servant . . . from every threat or harm from the evil one, and protect him by raising him above all evil. We ask you this through the intercession of our Most Blessed, Glorious Lady, Mary ever Virgin, Mother of God, of the most splendid archangels and all yours saints. Amen."

**ANIMA CHRISTI**

Soul of Christ, sanctify me; Body of Christ, save me; Blood of Christ, inebriate me; Water from the side of Christ,

wash me; Passion of Christ, strengthen me;

O good Jesus, hear me; within Your wounds, hide me; let me never be separated from You; from the evil one, protect me; at the hour of my death, call me; and bid me come to You; that with Your saints, I may

praise You forever and ever. Amen.

Spirit of our God, Father, Son, and Holy Spirit, Most Holy Trinity, Immaculate Virgin Mary, Angels, Archangels, and Saints of Heaven, descend upon me. Please purify me, Lord, mold me, fill me with Yourself, use me. Banish all the forces of evil from me, destroy them, vanquish them, so that I can be healthy and do good deeds. Banish from me all spells, witchcraft, black magic, malefice, ties, maledictions, and the evil eye; diabolic infestations, oppressions, possessions; all that is evil and sinful, jealousy, perfidy, envy; physical, psychological, moral, spiritual, diabolical ailments. Burn all these evils in hell, that they may never again touch me or any other creature in the entire world. I command and bid all the powers who molest me -- by the power of God all powerful, in the name of Jesus Christ our Saviour, through the intercession of the Immaculate Virgin Mary -- to leave me forever, and to be consigned into the everlasting hell, where they will be bound by Saint Michael the Archangel, Saint Gabriel, Saint Raphael, our guardian angels, and where they will be crushed under the heel of the Immaculate Virgin Mary.

**PRAYER FOR INNER HEALING**

Lord Jesus, You came to heal our wounded and troubled hearts.

**PRAYER AGAINST EVERY EVIL**

I beg You to heal the torments that cause anxiety in my heart; I beg You, in a particular way, to heal all who are the cause of sin. I beg You to come into my life and heal me of the psychological harms that struck me in my early years and form the injuries that they caused throughout my life. Lord Jesus, You know my burdens. I lay them all on Your Good Shepherd's Heart. I beseech You -- by the merits of the great, open wound in Your heart -- to heal the small wounds that are in mine. Heal the pain of my memories, so that nothing that has happened to me will cause me to remain in pain and anguish, filled with anxiety.

Heal, O Lord, all those wounds that have been the cause of all the evil that is rooted in my life. I want to forgive all those who have offended me. Look to those inner sores that make me unable to forgive. You Who came to forgive the afflicted of heart, please, heal my own heart.

Heal, my Lord Jesus, those intimate wounds that cause me physical illness. I offer You my heart. Accept it, Lord, purify it, and give me the sentiments of Your Divine Heart.

Help me to be meek and humble

Heal me, O Lord, from the pain caused by the death of my loved ones, which is oppressing me. Grant me to regain peace and joy in the knowledge that You are the Resurrection and the Life. Make me an authentic witness to Your Resurrection, Your victory over sin and death, Your living presence among us. Amen."