

## About the Rosary

The Rosary is the story of the New Testament. Each decade is recited in honour of a Mystery in Our Lord's Life and that of his Blessed Mother.

It is customary to recite five decades at a time while meditating on one set of Mysteries. A decade is one "Our Father" followed by ten "Hail Marys" and one "Glory be". The whole Rosary is made up of twenty decades.

Our Blessed Mother has many times invited us to pray the Rosary as a powerful weapon against evil and to bring us to true peace.

With our prayers made in union with Our Heavenly Mother, we can obtain the great gift of conversion of hearts and peace throughout the world.

### The Luminous Mysteries - (Mysteries of Light)

In October 2002 Pope John Paul II added the "Mysteries of Light" to the Holy Rosary, calling us to pray the Rosary daily, for our families - and for world peace.

### How to Pray the Rosary

1. Make the "Sign of the Cross" and pray the "Apostles' Creed."
2. Pray the "Our Father."
3. Pray three "Hail Marys."
4. Pray the "Glory be to the Father."
5. Announce the First Mystery, then pray the "Our Father."
6. Pray ten "Hail Marys," while meditating on the Mystery.
7. Pray the "Glory be to the Father."
8. After each decade pray the "Fatima Prayer" on the last page, requested by the Blessed Virgin Mary at Fatima.
9. Announce the Second Mystery, then pray the "Our Father." Repeat 6, 7 and 8 and continue with the Third, Fourth and Fifth Mysteries in the same manner.
10. Pray the "Hail, Holy Queen" after the five decades are completed and conclude with the "Sign of the Cross."

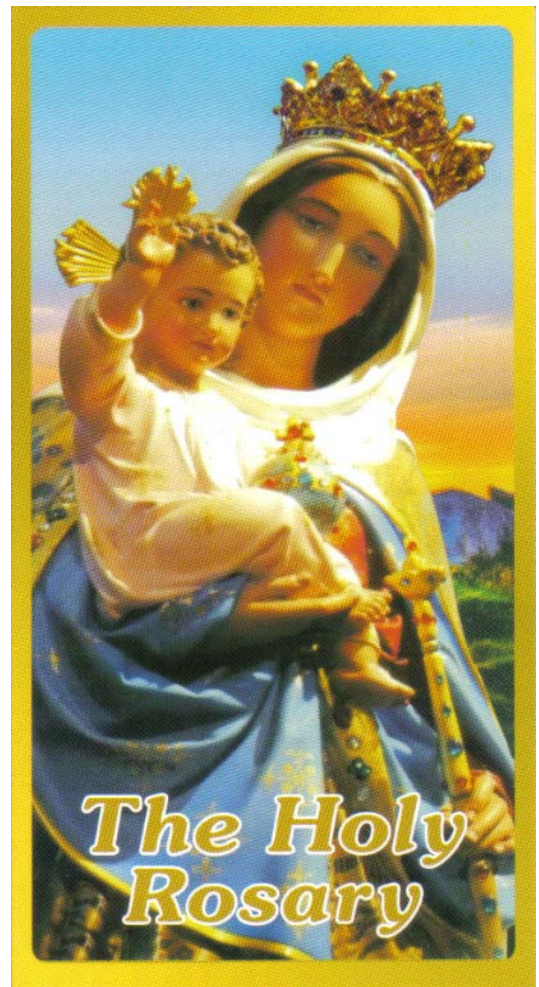


"The Memorare" and the Prayer to "St Michael the Archangel" are very powerful optional prayers recited after the Holy Rosary.

As a general rule, depending on the season, the Joyful Mysteries are prayed on Monday and Saturday and optional on Sundays during (Advent and the Christmas Season). The Sorrowful Mysteries are prayed on Tuesday and Friday and optional on (Sundays during lent). The Glorious Mysteries on Wednesday and Sunday and the Luminous Mysteries prayed on Thursday.

For more Free Rosary Cards, contact: **Mary's Rosary Chain Inc.**  
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## Prayers of the Rosary

**Sign of the Cross** - In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

**Apostles' Creed** - I believe in God the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, Our Lord. He was conceived by the power of the Holy Spirit and was born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body; and life everlasting. Amen.

**Our Father** - Our Father, who art in heaven; hallowed be Thy Name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.

**Hail Mary** - Hail Mary, full of grace, the Lord is with thee, blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

**Glory be to the Father** - Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

**Fatima Prayer** - O my Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to Heaven, especially those in most need of Thy mercy.

**Hail, Holy Queen** - Hail, Holy Queen, Mother of Mercy, hail our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious Advocate, thine eyes of mercy towards us and after this our exile, show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

**Let us Pray** - O God, whose only - begotten Son, by his life, death and resurrection has purchased for us the rewards of eternal life; grant, we beseech Thee, that meditating on these Mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

**Memorare** - Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to thy protection, implored thy help or sought thy intercession, was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

**Prayer of St. Michael** - Saint Michael the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him we humbly pray, and do thou, O Prince of the Heavenly Hosts, by the power of God, cast into hell satan and all the evil spirits, who wander through the world seeking the ruin of souls.

### The Litany of the Blessed Virgin Mary

Lord, have mercy.	<i>Lord, have mercy.</i>	Virgin most merciful, <i>pray for us.</i>
Christ, have mercy.	<i>Christ, have mercy.</i>	Virgin most faithful, "
Lord, have mercy.	<i>Lord, have mercy.</i>	Mirror of justice, "
Christ, hear us.	<i>Christ, hear us.</i>	Seat of wisdom, "
	<i>Christ, graciously hear us.</i>	Cause of our joy, "
God the Father of Heaven,	<i>have mercy on us.</i>	Spiritual vessel, "
God the Son, Redeemer of the world,	<i>have mercy on us.</i>	Vessel of honour, "
God the Holy Spirit,	<i>have mercy on us.</i>	Singular vessel of devotion, "
Holy Trinity, One God,	<i>have mercy on us.</i>	Mystical rose, "
Holy Mary,	<i>pray for us.</i>	Tower of David, "
Holy Mother of God,		Tower of ivory, "
Holy Virgin of virgins,		House of gold, "
Mother of Christ,		Ark of the covenant, "
Mother of the Church,		Gate of Heaven, "
Mother of divine grace,		Morning Star, "
Mother most pure,		Health of the sick, "
Mother most chaste,		Refuge of sinners, "
Mother inviolate,		Comforter of the afflicted, "
Mother undefiled,		Help of Christians, "
Mother most amiable,		Queen of Angels, "
Mother most admirable,		Queen of Patriarchs, "
Mother of good counsel,		Queen of Prophets, "
Mother of Our Creator,		Queen of Apostles, "
Mother of Our Saviour,		Queen of Confessors, "
Virgin most prudent,		Queen of Virgins, "
Virgin most venerable,		Queen of all Saints, "
Virgin most renowned,		Queen conceived without - "
Virgin most powerful,		original sin, "
		Queen assumed into Heaven, "
		Queen of the most Holy Rosary, "
		Queen of Peace, "

Lamb of God, who takes away the sins of the world, *Spare us, O Lord.*  
Lamb of God, who takes away the sins of the world, *Graciously hear us, O Lord.*  
Lamb of God, who takes away the sins of the world, *Have mercy on us.*  
V. Pray for us, O Holy Mother of God.

R. *That we may be made worthy of the promises of Christ.*

**Let us pray** - Grant, we beg you, O Lord God, that we your servants may enjoy lasting health of mind and body and by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enter into the joy of eternal happiness, through Christ Our Lord. Amen.



## The Joyful Mysteries prayed on Mon & Sat

1st Joyful Mystery

### The Annunciation

"Do not be afraid, Mary, for you have found favour with God. And behold, you will conceive in your womb and bear a Son, and you shall call His name Jesus."

Luke 1: 30 - 31

Fruit of the Mystery: **Humility**



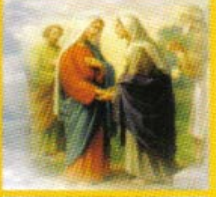
2nd Joyful Mystery

### The Visitation

"Blessed are you among women, and blessed is the fruit of your womb! And why is this granted to me, that the mother of my Lord should come to me?"

Luke 1: 42 - 43

Fruit of the Mystery: **Love of Neighbour**



3rd Joyful Mystery

### The Birth of Jesus

Mary gave birth to her first-born Son and wrapped Him in swaddling clothes, and laid Him in a manger, because there was no room for them in the inn.

Luke 2: 7

Fruit of the Mystery: **Poverty**



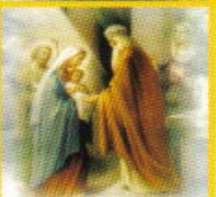
4th Joyful Mystery

### The Presentation

And when the days of her purification were fulfilled according to the Law of Moses, they took Him up to Jerusalem to present Him to the Lord -

Luke 2: 22 - 23

Fruit of the Mystery: **Obedience**



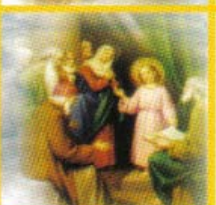
5th Joyful Mystery

### The Finding of the Child Jesus in the Temple

And it came to pass after three days, that they found Him in the temple, sitting in the midst of the teachers, both listening to them and asking them questions.

Luke 2: 46

Fruit of the Mystery: **Joy in Finding Jesus**



## The Luminous Mysteries prayed on Thursday

1st Luminous Mystery

### Christ's Baptism in the Jordan River

The Spirit descended like a dove on Him. And a voice came from heaven, "You are my Son, the Beloved; and with You I am well pleased."

Mark 1: 10

Fruit of the Mystery: **Openness to the Holy Spirit**



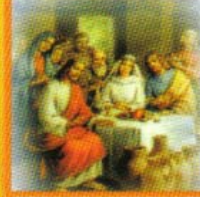
2nd Luminous Mystery

### Christ's Self-revelation at the Marriage at Cana

Jesus changed water into wine, the first of His signs, and revealed His glory; and His disciples believed in Him.

John 2: 11

Fruit of the Mystery: **To Jesus Through Mary**



3rd Luminous Mystery

### Christ's Proclamation of the Kingdom of God with His call to Conversion

"The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Mark 1: 15

Fruit of the Mystery: **Repentance and Trust in God**



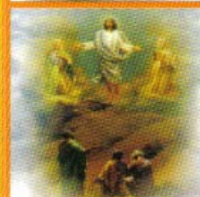
4th Luminous Mystery

### Christ's Transfiguration

And He was transfigured before them, and His face shone like the sun, and His clothes became dazzling white.

Matthew 17: 2

Fruit of the Mystery: **Desire for Holiness**



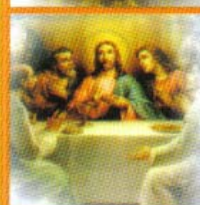
5th Luminous Mystery

### Christ's institution of the Eucharist

He took bread, gave thanks, broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me."

Luke 22: 19

Fruit of the Mystery: **Adoration**



## The Sorrowful Mysteries prayed on Tue & Fri

1st Sorrowful Mystery

### The Agony in the Garden

And His sweat became as drops of blood running down upon the ground. And rising from prayer He came to the disciples, and found them sleeping.

Luke 22: 44 - 45

Fruit of the Mystery: **Sorrow for Sin**



2nd Sorrowful Mystery

### The Scourging

Pilate, wishing to satisfy the crowd, released for them Barabbas; and having scourged Jesus, he delivered Him to be crucified.

Mark 15: 15

Fruit of the Mystery: **Purity**



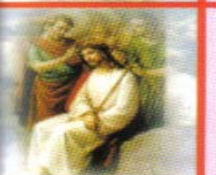
3rd Sorrowful Mystery

### The Crowning with Thorns

And they stripped Him and put on Him a scarlet cloak; and plaiting a crown of thorns they put it on His head, and a reed into His right hand:

Matthew 27: 28 - 29

Fruit of the Mystery: **Courage**



4th Sorrowful Mystery

### The Carrying of the Cross

They took Jesus, and He went out, bearing His own cross, to the place of the skull, which is called in Hebrew, Golgotha.

John 19: 17

Fruit of the Mystery: **Patience**



5th Sorrowful Mystery

### The Crucifixion

Jesus, crying with a loud voice, said, "Father, into Your hands I commit My spirit!" And having said this He breathed His Last.

Luke 23: 46

Fruit of the Mystery: **Perseverance**



## The Glorious Mysteries prayed on Wed & Sun

1st Glorious Mystery

### The Resurrection

"Do not be afraid; for I know that you seek Jesus who was crucified. He is not here; for He has risen, as He said."

Matthew 28: 5 - 6

Fruit of the Mystery: **Faith**



2nd Glorious Mystery

### The Ascension

So then the Lord, after He had spoken to them, was taken up into heaven, and sits at the right hand of God.

Mark 16: 19

Fruit of the Mystery: **Hope**



3rd Glorious Mystery

### The Descent of the Holy Spirit

And they were all filled with the Holy Spirit and began to speak in foreign tongues, even as the Holy Spirit prompted them to speak.

Acts 2: 4

Fruit of the Mystery: **Love of God**



4th Glorious Mystery

### The Assumption

Since we believe that Jesus died and rose again, even so, through Jesus, God will bring with Him those who have fallen asleep... and so we shall always be with the Lord.

1 Thessalonians 4: 14 - 17

Fruit of the Mystery: **Grace of a Happy Death**



5th Glorious Mystery

### The Coronation

A great sign appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars.

Revelation 12: 1

Fruit of the Mystery: **Trust in Mary's Intercession**

